



## **Contacts for help if isolated due to Coronavirus:**

**We have been passed this list of contacts that would be able to support you and your family over the coming weeks**

### **Cheltenham**

- Natural Grocery Store, Bath Road - Delivering groceries in Cheltenham, cash only and delivery charge applies. Web based only. Orders over £40 - 01242 243737
- Winchcombe Fruit and Vegetable Shop - Free delivery fruit and veg to Winchcombe any order large or small - 01242 609500
- Prestbury Parish Council compiling a list of volunteers who can deliver groceries and medicines - [parishclerk@prestbury-pc.goc.uk](mailto:parishclerk@prestbury-pc.goc.uk) - 01242 575129.
- The Cornerstone Centre Whaddon is closed but creating an on-line café using Google Hangouts - 01242 777777.
- Dial-a-cab £5 journey to and from your nearest supermarket - 01242 242424.
- Dial-a-cab can pick up shopping ordered to supermarkets and bring it to you (Tesco, Colletts Drive & Asda, Hatherley Lane). Call 01242 242424 and let them know which store, the order number, collection time and delivery address.
- GCAFE, Springbank Way, offering food parcels for those in need and can deliver if self-isolating - 01242 248787.
- Lakeside Takeaway (fish & chips), please call the shop if you feel someone could benefit from the service - 01242 516528.
- Young Gloucestershire, doors still open, The Link remains open for young people to drop in.
- R Lunch (sandwich & coffee shop), Bath Road, customers who are near their shop are being offered free delivery. Phone the shop and place an order and they can take card payments over the phone - 01242 222221.
- Disabled Care & Mobility, Tewkesbury Road, starting a mobile food bank, contact them if you know of anyone who is particularly vulnerable and would benefit from their donations – 01242 524963.
- Vinnie's Eatery (wholesome plant based dishes), launching on Uber Eats. Also launching vegetable packages and other vegan essentials which can be delivered - 01242 228989.
- The Find, Regent Street, Town Centre (coffee house), drive through and home deliveries of fresh and frozen food shortly - 01242 575228.

## Tewkesbury

- Tewkesbury Foodbank is open but asking people to wait outside
- Severn Brewing, local brewery, offering home delivery
- Bredon Parish council have posted a list of coordinators to their Facebook page
- Bnatural Refill Shop offering free delivery service for anyone unable to get out. Also giving out free handsoap with deliveries 74 Barton Street, Tewkesbury, GL20 5PY [www.bnaturaloil.co.uk/refill](http://www.bnaturaloil.co.uk/refill)
- [Priors Park Chapel as drop off and pick up points. Facebook @We will help. COVID- 19 TEWKESBURY](#)

## Other

- Age UK – Collating local resources to help people who are self-isolating. Direct advice ring Beth 01452 422660 or email [helpteam@ageukgloucestershire.org.uk](mailto:helpteam@ageukgloucestershire.org.uk).
- Local community groups that are actively helping their neighbours - <https://covidmutualaid.org/>. Cheltenham Facebook group <https://www.facebook.com/groups/288270262159030/>